

**Summer Opportunities Program**  
Presented in cooperation with the University Prep Parent Council and  
College counseling office

**On the following pages, you'll find resources and suggestions for summer opportunities in Seattle and across the USA.**

**Overview of University Prep Summer Resources.....page 2**  
**Teen Job/Volunteering Resource.....page 3**  
**Job Interview Strategies.....page 4**  
**Qualities of a Successful Teen Job Candidate..... page 5**  
**Helpful Hints: Applying for Summer Opportunities.....pages 6-7**  
**Sample Resume.....page 8**  
**Volunteer: You'll enjoy the rewards.....page 9**  
**Top 10 Places for Teens to Look for a Summer Job..... page10**  
**Seattle Area Summer Programs.....pages 11-17**  
**University Prep Summer Programs.....pages 18-24**  
**Seattle Area Summer Sports Opportunities.....pages 25-27**

**Wondering About What To Do This Summer?  
Overview of University Prep Summer Resources**  
Check out this amazing link at the U Prep .org site  
[www.universityprep.org/college/](http://www.universityprep.org/college/)

**You will find tons of web links and all sorts of information  
provided by the U Prep College Counseling Office:**

**Summer Programs** -Go to [www.universityprep.org/college/](http://www.universityprep.org/college/) downloads – summer programs. You will find a comprehensive list of web links to a huge variety of summer programs including:

*Academic programs on Campus, Independent Academic Programs,  
Arts Related Programs, Boarding School Programs,  
Outdoor Adventures, Programs for Students of Color,  
Service learning Opportunities, Volunteer Opportunities,  
Study Abroad and Search Engines for Summer Programs  
UPDATED Local area opportunities (a similar list with a sampling of local programs in the  
Seattle area and around WA including many job opportunities in Sports & Camps as well as  
local volunteer/ Internship experiences.*

**Naviance Summer Enrichment programs**- Go to <https://succeed.naviance.com/universityprep> Enter as a “guest.” Use the guest password --“puma”. Select the colleges tab; you will see the “enrichment programs” -- a powerful search engine for summer programs made available to UP parents by the College Counseling Office!

**Helpful Hints for getting the summer experience you want** Lots of Tip Sheets -- including: interview tips, sample resume, what you need for a job application, top 10 places to look for a job, WA state teen employment info, teen job web sites, and more!

Go to [www.universityprep.org/college/](http://www.universityprep.org/college/) for downloads.

**Books and Brochures** –Most information is online these days, but we still receive those big glossy colorful brochures! Feel free to come browse in the College Counseling Office. Look through our bookshelves, and our many files of summer brochures. We are always happy to talk to students about summer options.

**Don't forget the U Prep faculty!! Talk to a teacher who shares your interest area to get ideas! For the following summer activity areas, feel free to contact:**

- Athletics / Sports Opportunities - Rebecca Moe
- Service Learning / Volunteering – Molly Mitchell / Meleesa Wyatt
- Language / Global Programs - Lauren Denton / Shauna Larson

Have you had a great summer job, internship, or volunteer experience?  
**We'd love to hear about it!!** Please contact Kelly Herrington or e-mail him at  
[kherrington@universityprep.org](mailto:kherrington@universityprep.org)

**Teen Job/Volunteering Resource**

## Teen Jobs and Volunteering Resource

### WA State Teen employment information

Department of Labor and Industries Teens at Work Brochure-

<http://www.lni.wa.gov/ipub/700-022-000.pdf>

Teen rights on the job

<http://www.osha.gov/SLTC/teenworkers/rights.html>

### Teen web sites

[http://kidshealth.org/teen/school\\_jobs/](http://kidshealth.org/teen/school_jobs/) *great job search advice*

[www.Teenjobs.org](http://www.Teenjobs.org) *internships with local companies, updated regularly*

[www.youth@work.info/](http://www.youth@work.info/)

[www.snagAJob.com](http://www.snagAJob.com) *part time jobs in restaurants and retail*

[www.teens4hire.org](http://www.teens4hire.org) *part time jobs in restaurants and retail*

<http://seattlecraigslist.org>

[www.nwjobs.com](http://www.nwjobs.com) (keyword summer)

[www.myfirstpaycheck.com](http://www.myfirstpaycheck.com)

[www.students.gov](http://www.students.gov)

[www.internjobs.com](http://www.internjobs.com)

[www.ideallist.org](http://www.ideallist.org) (non-profits)

[www.gotajob.com](http://www.gotajob.com)

[www.grovejob.com](http://www.grovejob.com)

[www.studentjobs.gov](http://www.studentjobs.gov)

### Teen Volunteering

Comprehensive lists of local volunteer opportunities

#### City of Seattle Teen Volunteer Website

[www.seattle.gov/teen/civic/getinvolved.htm](http://www.seattle.gov/teen/civic/getinvolved.htm)

#### Parent Map

[www.parentmap.com/teenvolunteers](http://www.parentmap.com/teenvolunteers)

*an excellent comprehensive list of volunteer opportunities around Seattle including Food Banks, Hospital opportunities, Working with children / elders / animals, outdoor opportunities, and a listing of opportunities for students under age 14.*

#### Volunteer Match

<http://www.volunteermatch.org/>

*Connects “good people with good causes” in their own communities*

#### United Way

<http://www.uwkc.org/volunteer/youth/default.asp>

#### Volunteer.gov

[www.volunteer.gov](http://www.volunteer.gov)

*Current local opportunities by zip code*

# Job Interview Strategies

Source: [http://kidshealth.org/teen/school\\_jobs/jobs/tips\\_interview.html](http://kidshealth.org/teen/school_jobs/jobs/tips_interview.html)

You've probably heard your parents talk about the importance of making a good first impression on a job interview (their "dress for success" talk may sound like a lecture, but in this case parents are right).

## Here are strategies to help you ace your job interview:

**Dress the part.** Even if the job you're applying for involves wearing a uniform or working behind the scenes, the way you dress for an interview tells your potential employer that you take the job seriously. If you're a guy, wear a nice pair of pants and a shirt (a tie usually isn't necessary for a summer job, although it doesn't hurt to wear one!). Sneakers, sandals, shorts, t-shirts, sweatshirts, and jeans don't make good interview attire. The same goes for girls — wear something simple and avoid short skirts or skimpy tops.

1. **Appear confident.** Look your potential employer in the eye, shake his or her hand, and remember another parental mantra: good manners. Of course, appearing confident is easiest when you know what you're talking about, and that brings us to the next point.
2. **Be prepared.** Find out what you can about the position or company in advance and show your knowledge during the interview. Researching the company shows the interviewer that you're smart and eager to learn. Doing your research also lets you learn what inspires you about the company so you can share your enthusiasm with the interviewer.  
If you can, find out more about the position itself. Looking on the company's website or talking to someone who has worked there allows you to think in advance about which skills you have that fit well with the job.
3. **Answer (and ask!) questions.** You'll no doubt be asked typical interview questions, such as why you're interested in the position, what types of skills you offer, and the hours you're available to work. Prepare your answers before the interview. Don't be afraid to ask questions. Questions don't make you look stupid. Asking good questions shows the interviewer you're thoughtful and that you're not afraid to interact with other people — a particularly good interview strategy if the position involves dealing with people, such as sales. If you can, practice being interviewed by an adult in business. When the real time comes, you'll be more prepared and comfortable.
4. **Follow up.** Send the interviewer a brief email or letter thanking him or her for spending time with you. Say how interested you are in the position. This is a particularly good strategy if you're interviewing for an internship or office position. Your future employer will be impressed by your determination.

Parents or older siblings can offer good advice about job hunting and interviewing. So don't hesitate to ask for help on everything from putting together your résumé to choosing an interview outfit. Chances are, you'll be interviewing with and working for people their age anyway so a little insight can't hurt.

## Qualities of a Successful Teen Candidate

Source: [www.Teens4Hire.org](http://www.Teens4Hire.org)

1. **Well groomed**  
clean, neat and ironed clothing  
(Tongue and nose rings are still frowned upon in many places)
2. **Good oral and written communication skills**  
Speak clearly with proper grammar  
(Save the slang for social occasions)  
Write clearly with proper spelling and grammar
3. **Neat, thorough and complete application**
4. **Basic math, reasoning and reading comprehension skills**  
Ability to add, subtract, multiply and divide  
Ability to read and understand written instructions
5. **Ambition**
6. **Courtesy**
7. **Trustworthiness**
8. **Self-motivation**
9. **Willingness to learn**
10. **Reliable**

Developing and demonstrating the “soft” skills below, will also help you land a job. Today's employers want workers to have the following skills:

- **Organization**— the ability to manage time efficiently and maintain an orderly, neat or clean work area.
- **Problem Solving**— the ability to identify, analyze and solve problems that may arise.
- **Teamwork** —the ability to work successfully with others and for the good of the employer.

# **Helpful Hints: Applying for Summer Opportunities**

## **Submitting an application**

1. When applying for jobs, internships or volunteer activities have a resume. A resume should include your name, address and contact information. It should also include any activities you're involved in, any employment or volunteer experience you've had and a brief description of each. A resume example follows.
2. A co-curricular resume can also be important. It is an easy way to organize your experience in a format that can supplement your application for internships, volunteer opportunities, camps and summer jobs. It's important to show you're involvement in arts, sports clubs and internships outside of school; they're a way to show a prospective employer additional qualities about yourself. It is important to note any accomplishments and award recognition. There are many transferable skills that are learned from participating in co-curricular activities. Examples: time management, achieving goals, consensus building, assertiveness, leadership, decision making
3. Have your drivers' license and your social security number on hand; many organizations use these documents for identification. With the application include a brief introductory cover letter about why you want to work and/or volunteer at this organization and what your qualifications are for this position. Submit your cover letter, resume, and list of references, too.
4. Be mindful that employers will contact you via email or voicemail. Make sure your screen name and voicemail message is not objectionable. Promptly return all calls or messages. Do so in a quiet location where there are not a lot of distractions.

## **Collecting References**

1. A reference is an adult over 25 not related to you. It should be someone who has known you for at least one year and will let a prospective employer know you are a responsible and person young adult.
2. Reliable references would include a teacher, coach, counselor, volunteer supervisor, manager at a recent job or family friend.
3. Obtain permission from prospective references before giving out their name and contact information. Ask how they would like to be contacted and indicate this on your references page.
4. Your reference sheet should include the following information:
  - Name of Person
  - Title of Person
  - Mailing Address
  - Telephone Number with Area Code
  - E-Mail address
  - Years acquainted & How

## **Interview**

1. Be on time. Dress neatly and appropriately: cover tattoos and remove most piercings. Silence your cell phone or pager.

2. Prepare to be asked:

- Why do you want to work here
- When are you available to start work/any known vacations
- What hours/days are you available to work
- What pay are you looking for
- What do you like to do/what interests you
- What was your prior job experience
- Are you looking for only a summer job

3. Plan to ask

- What are the job responsibilities
- What are the hours and pay
- Do you have to wear a uniform or what is the required dress code
- What opportunities are there for advancement
- What training is provided

4. After the interview, send a thank you note. An email thank you is acceptable; a hand-written or typed note is better.

### **Final Thoughts**

If you are offered a position, respond in a timely manner about your intention. If you choose not to take the position, call or send a note thanking the organization for this opportunity.

### Minimum Wage Information

- Department of Labor and Industries Teens at Work Brochure-  
<http://www.lni.wa.gov/ipub/700-022-000.pdf>
- **Washington State's 2010 minimum wage is \$8.55 per hour.**  
Minimum wage is recalculated yearly based on a cost-of-living adjustment for workers 16 and older. 14-15 year olds may be paid 85% of the minimum wage (\$7.27 per hour).
- If a minor student is working during the school year, a parent/school authorization form is required. Employers are responsible for ensuring the form has been completed.

Alison Antelope  
333 Coleman Place  
Westfield, NJ  
[aantelope@email.com](mailto:aantelope@email.com)

### Education

- Westfield High School, Westfield, New Jersey September 2005 – present  
Anticipated Graduation, June 2009

### Community Service and Volunteer Experiences

- D.A.R.E., Westfield Police Department, Volunteer Grades 9 and 10  
Assisted police officers in teaching D.A.R.E. curriculum (Drug Abuse Resistance Education) to local students in grades 5 and 6
- Greta's Basketball Fundraiser, Coordinator Grades 9 and 10  
Liaison between the town of Westfield and Westfield High School for donations, entertainment and publicity
- "Kids on the Block," Summer Camp, Westfield, NJ Summers 2004 to 2008  
Counselor and Founder of summer day camp for at-risk youth in Westfield

### Employment/Summer Activities

- Ramos Soccer Academy, Assistant Manager/Coach Summers 2007 and 2008
- Poppyfield Children's boutique, Westfield, NJ Grade 9 – present  
Worked in sales, inventory, and customer support
- Soccer Referee, Township of Westfield Grades 9 and 10

### Soccer Information

- Westfield High School Varsity Soccer Team, Defense Grades 9 – 12
  - Captain, Grade 12
  - North II Group 4 Sectional Champions, Grade 9
  - Union County Champions, Grade 9
  - Watchung Conference Champions, Grade 9
  - Group 4 Runner Up, Grade 9
  - Team of the Year in Union County, Grade 9
  - Ranked #4 in the state, Grade 9
  - All State Soccer Recognition, Grade 10
  - 3<sup>rd</sup> Team All County, Grade 10
  - 2007-2008 seasons – injured
- Cranford/Westfield/Scotch Plains Club Team, Defense Grade 9 and 10
  - Jersey area Girls Soccer Finalist, Grade 10
- New Jersey Rangers Phoenix Club, Defense Grades 11 and 12

### Additional Sports Activities

- Westfield High School, Varsity Winter track Grade 9
- Westfield High School, Freshman Lacrosse Captain Grade 9
  - JV Lacrosse Captain, Grade 10
  - Varsity Lacrosse Stat Girl, Grades 11 and 12

## **Volunteer: You'll enjoy the Rewards**

Source: United Way: <http://www.uwkc.org/volunteer/youth/default.asp>

### **1. You Make the World a Better Place**

That's good because we have to live in it.

### **2. Personal Growth**

It's always good to learn more about yourself.

### **3. Gain Job Experience**

You have to get a job eventually, your parents will kick you out

### **4. Help People Around You**

Feel like you did something to help your community

### **5. Meet New People**

Make friends-get a different view of things.

### **6. It's Fun Once You Get Used To It**

It's healthy to have fun.

### **7. Something to Keep You Busy**

In case you get bored.

### **8. Gain Entrance into College**

You need a good education to get a quality job these days.

### **9. You Get to Go Outside and See The City.**

It's good to have an adventure.

### **10. Free Food**

Sometimes you get hungry.

*"I think we, as the future, should volunteer to make a difference in the life of all people. I know this might sound corny, but it is true." - V-Team*

# Top 10 Places for Teens to Look for a Summer Job

Adapted from [www.teens4hire.org](http://www.teens4hire.org)

- 1. City, County, State and other government-run Youth Programs**
  - Day and summer camps
- 2. Vacation and tourism spots**
  - Hotels/Resorts
  - Parks and recreational areas
  - Swimming pools, golf courses/ tennis clubs, campgrounds
  - Amusement/Theme/Entertainment parks [www.wildwaves.com](http://www.wildwaves.com)
  - Museums, Zoos and Aquariums
  - Airport concessions SeaTac Airport [www.airportjobs.org](http://www.airportjobs.org)
- 3. Childcare and eldercare providers**
- 4. Health care facilities**
- 5. Business services**
  - Grocery Stores
  - Moving and packing companies
  - Lawn care and other maintenance companies
  - Construction
- 6. Construction companies**
- 7. Movie theaters**
- 8. Fast food and restaurant establishments (including)**
  - Ice cream parlors, & juice bars
- 9. Malls (look up directories of stores)**
  - University village [www.uvillage.com](http://www.uvillage.com)
  - Northgate Mall <http://www.simon.com/Mall/?id=236>
  - Bellevue Square [www.bellevuesquare.com](http://www.bellevuesquare.com)
- 10. Clothing and accessory stores**

## **Seattle Area Summer Programs** **Local Programs in Seattle Area & WA State**

The following list is a supplement to the Summer Programs list. This listing focuses on local summer programs in the Seattle area and around Washington State. It is by no means comprehensive, but it should provide you with a starting point when searching for local experiences! Many summer programs are not updated online until March or even April; however, others have application deadlines as early as February.

If you have had a great local summer job, internship or volunteer experiences, please tell us about it! E-mail [kherrington@universityprep.org](mailto:kherrington@universityprep.org)

This list includes the following categories:

*Art related Programs*

*Academic/Enrichment Programs*

*Science /Math / Research*

*Tech/Computers/ Communications*

*Business/ Health Care Pathway /Nurse Camp*

*Athletics / Sports*

*Language programs*

*Leadership /Internships*

*Government*

*Volunteering / Service Learning*

*Outdoor Experiences*

### ***Art related Programs-Seattle area***

Cornish College of the Arts

[www.cornish.edu/summer/](http://www.cornish.edu/summer/)

Gage Academy of Art

[www.gageacademy.org/youth/?page=teen\\_workshop](http://www.gageacademy.org/youth/?page=teen_workshop)

Pilchuk Glass School

[www.pilchuck.com](http://www.pilchuck.com)

Seattle Art Museum Teen workshop

[www.seattleartmuseum.org](http://www.seattleartmuseum.org)

Seattle Children's Theatre High School Intern Program [www.sct.org/classes/sctdramaschool](http://www.sct.org/classes/sctdramaschool)

Seattle Film Institute

<http://www.seattlefilmstitute.com/content/teen-filmmakers-program>

Seattle Fine Art summer workshops

[www.seattlefineart.edu](http://www.seattlefineart.edu)

Seattle Shakespeare Company

[www.seattleshakes.org](http://www.seattleshakes.org)

Youth Theater Northwest internships

<http://www.youththeatre.org/internships.htm>

### ***Academic/ Enrichment Programs –Seattle area / WA State***

**University of Washington**

University of Washington

[www.summer.washington.edu/summer](http://www.summer.washington.edu/summer)

UW Courses for High School Students

[www.outreach.washington.edu/syp/high/](http://www.outreach.washington.edu/syp/high/)

UW K-12 resource guide

[www.outreach.washington.edu/k12guide/](http://www.outreach.washington.edu/k12guide/)

*comprehensive searchable database providing information about resources available at the UW – internships, courses, professional development opportunities, workshops and more.*

Summer Institute for Mathematics

<http://www.math.washington.edu/~simuw/thisyear/overview.html>

**Local private/public schools** *Many private & public High Schools offer summer programs*

Seattle Public Schools

<http://www.seattleschools.org/area/summersemester/index.dxml>

**Colleges around WA** *–Many private & public colleges offer summer programs*

Washington State University- summer programs

[www.summer.wsu.edu/programs](http://www.summer.wsu.edu/programs)

Western Washington University- summer programs

[www.wwu.edu/summer](http://www.wwu.edu/summer)

\*Washington Business Week (at WWU, CWU, GU & PLU)

[www.wbw.org](http://www.wbw.org)

Bellevue College Summer courses for teens

<http://continuingeducation.bellevuecollege.edu/summer/2010courses.asp>

### **Academic Interest Areas:**

#### ***Science /Math / Lab Research***

Bioquest summer science program

[www.sbriobioquest.org/get-started/bioquest-academy.asp](http://www.sbriobioquest.org/get-started/bioquest-academy.asp)

Fred Hutchinson Cancer Research Center

<http://www.fhcrc.org/science/education/hs/internship/>

Life sciences Central

[http://ls-central.com/jobs\\_high\\_school\\_internships.html](http://ls-central.com/jobs_high_school_internships.html)

Lab Experience for High School Students interested in engineering and science

<http://www.uweb.engr.washington.edu/education/k-12/lehss.html>

Pacific Science Center discovery corps program <http://www.pacsci.org/discoverycorps/>

State of WA Ecology Youth Group

<http://www.ecy.wa.gov/programs/swfa/eyc/>

Summer Institute for Mathematics

<http://www.math.washington.edu/~simuw/thisyear/overview.html>

#### ***Tech/Computers***

DigiPen Institute of Technology (Redmond) <https://www.digipen.edu/gamers/projectfun-outreach-programs/>

Id Tech Summer Computer Camps (*residential or day camps*)

<http://www.internaldrive.com/locations/wa-summer-camps-washington-computer-camps/>

Microsoft

<https://careers.microsoft.com/careers/en/us/highschoolintern.aspx>

UW Cybercamp

<http://www.giantcampuswa.com/> (*online cybercamps*)

UW Computer Programming courses

[www.outreach.washington.edu/syp/high](http://www.outreach.washington.edu/syp/high)

#### ***Communications***

Creative writing, screenwriting, storytelling

[www.outreach.washington.edu/syp/high/](http://www.outreach.washington.edu/syp/high/)

Weekday High School Internship (KUOW)

[www.kuow.washington.edu/weekdayhigh/index.php](http://www.kuow.washington.edu/weekdayhigh/index.php)

#### ***Business***

Business (Washington Business Week 2010) (at WWU, CWU, GU & PLU) [www.wbw.org](http://www.wbw.org)

*PLU & Gonzaga have Business week and health care pathway*

**Nurse Camp** – Multicare Health Systems

<http://www.multicare.org/home/calendar/2397ho.html>

### ***Athletics / Sports – Seattle area***

Seattle Parks & Recreation

[www.cityofseattle.net/parks](http://www.cityofseattle.net/parks)

Tennis

<http://www.seattle.gov/parks/athletics/tennisct.htm>

Pools

<http://www.seattle.gov/parks/pools.asp>

Lifeguard training

<http://www.seattle.gov/parks/Aquatics/LTT.htm>

Boating

<http://www.seattle.gov/parks/boats/default.htm>

Golf

<http://www.seattle.gov/parks/athletics/golferse.htm>

Bellevue Parks & Recreation

<http://www.ci.bellevue.wa.us/>

*Camps (participation in traditional camps can lead to summer job opportunities in camps)*

**UW sports camps** *skill building*

*Baseball, M&W Basketball, Track and Field, Football, Golf, Women's gymnastics, M&W Soccer, Softball, Tennis, and M&W Volleyball.*

<http://www.gohuskies.com/camps/wash-camps.html>

**Rain City Fencing Center**

<http://www.raincityfencing.com/>

**Camp Counselors /Coaches/ Referees/Umpires /Customer Service Reps**

**Advantage Basketball Camps** *skill building*

<http://www.advantagebasketball.com/>

**Pacific Northwest Basketball Officials Association**

[www.pnboa.org](http://www.pnboa.org) refs (age 15+)

**Seattle Official's Women's Basketball**

[www.swob.org](http://www.swob.org) refs (age 15+)

**Washington Baseball School**

[www.washingtonbaseballcamp.com](http://www.washingtonbaseballcamp.com)

**Stods Baseball** *summer camps/coaching*

<http://www.stods.com/>

**Youth Umpire Program Northeast Seattle Little League**

*check other community leagues*

<http://nesll.countmein.com/UmpiresCorner.aspx>

*Volunteer or Paid hours (\$15.00 per game)*

**NW soccer camp**

*Day camps throughout Seattle, skill building*

<http://www.nwsoccer.org>

*Camp Casey residential camp (Whidbey Island) counselors*

<http://www.nwsoccer.org/Employment.asp>

**Peter Fewing Soccer Camps**

*residential /day camps (ages 9-17)*

[www.peterfewingsoccercamp.com](http://www.peterfewingsoccercamp.com)

**Seattle Soccer Referee Association**

<http://www.seattlerefs.org/> (age 12+)

**Seattle Youth Soccer Association**

<http://www.sysa.org/frameset.php>

**Seattle Gymnastics Academy** *Recreational coaches*

<http://www.seattlegymnastics.com/employmentop.html>

**SkyHawks** *camp counselors/coaches (age 17+)*

<http://www.skyhawks.com/CompanyPages/Jobs.aspx>

**CYO Summer Camps**

*camp counselor positions – athletics, camping, environment education, customer service*

<http://www.seattlearch.org/BuildingCommunity/CatholicYouthOrganization/>

**Boys & Girls Club**

*officials (refs, umps), training for youth sports (age 13+)*

<http://www.positiveplace.org/teens.html>

**YMCA of Seattle** *day camps at local branches, Camp Orkila, Camp Coleman*

<http://www.seattleyymca.org/page.cfm?ID=volunteer>

**Seattle Gymnastics Academy** *Recreational coaches*

<http://www.seattlegymnastics.com/employmentop.html>

**Arena Sports** (Magnuson / SODO / Redmond)

*Youth soccer instructors, referees, and customer service representatives*

<http://www.arenasports.net/employment-opportunities>

**Starfire Sports**

*Guest Service Representatives, Referees, summer camp positions*

<http://www.starfiresports.com/about%20Employment.asp>

**Professional Teams:**

**Seattle Mariners**

*seasonal employment and internships*

[http://seattle.mariners.mlb.com/mlb/help/jobs.jsp?c\\_id=sea](http://seattle.mariners.mlb.com/mlb/help/jobs.jsp?c_id=sea)

**Seattle Storm**

<http://www.wnba.com/storm/contact/employment.html>

**Seattle Sounders FC Seattle Academy & Camps**

[www.fcseattle.com](http://www.fcseattle.com)

**Learn to become a ref/ump:**

**Washington Official's Association:**

*Provides referees, umpires and official to MS and HS sporting events — including gymnastics, swimming, soccer and more (age 15+)*

<http://woa-officials.com/pages/>

**Special Olympics of Washington (volunteer) Summer Games Volunteer Information**

[http://www.sowa.org/05/volunteers/volunteers\\_frame.html](http://www.sowa.org/05/volunteers/volunteers_frame.html)

**Advanced Bike Touring**

[http://www.bikeworks.org/programs\\_summer.php](http://www.bikeworks.org/programs_summer.php)

**Language Programs - Seattle area**

**Seattle Language Academy**

[https://www.seattlelanguageacademy.org/flp/flp\\_schedule.asp?intKey=0](https://www.seattlelanguageacademy.org/flp/flp_schedule.asp?intKey=0)

**University of Washington Intensive Foreign Language Programs**

[www.summer.washington.edu/summer/findaclass/language.asp](http://www.summer.washington.edu/summer/findaclass/language.asp)

**Washington Academy of Languages:**

[www.wal.org](http://www.wal.org)

**French:**

*Courses/camps for teens at the Alliance Française of Seattle*

[www.afseattle.org/ecole/enfants.html#camps](http://www.afseattle.org/ecole/enfants.html#camps)

*French language camp at Canoe Island*

[www.canoeisland.org](http://www.canoeisland.org)

**Spanish:**

*Spanish Immersion Camp "Camp Spanglish" at UW*

<http://www.artsci.washington.edu/Newsletter/Sept09/CampSpanglish.asp>

*Volunteering/Internships at Casa Latina,*

<http://www.casa-latina.org/get-involved/volunteer>

**Leadership /Internships- Seattle area & WA State**

**Leadership**

*Bank of America Student Leadership Program*

[www.bankofamerica.com/foundation/index.cfm?template=fd\\_studentleaders](http://www.bankofamerica.com/foundation/index.cfm?template=fd_studentleaders)

*Camp Fire USA - Camp Stealth Counselor in training, riding staff in training, HS intern leadership training*

[http://www.campfire-usa.org/camp/employment\\_seasonal.htm](http://www.campfire-usa.org/camp/employment_seasonal.htm)

*Islandwood Nature Leadership Camp*

<http://islandwood.org/summer-programs/camp-leadership-program-for-teens/camp-leadership-program-for-teens>

Seattle Audubon Nature Camp *Jr. Naturalist in training program*

<https://www.seattleaudubon.org>

Washington Business Week Leadership Program *health care week, business week, construction*

<http://www.wbw.org/pages/HealthcareFlyer2010.pdf.pdf>

YMCA – Camp Orkila /Colman *Leadership Development Institute, Counselor in Training Programs*

[www.seattleyymca.org/page.cfm?ID=teenPrograms&catID=64](http://www.seattleyymca.org/page.cfm?ID=teenPrograms&catID=64)

YMCA Bold (boys) and Passages Northwest(girls)

[www.ymcaboys.org](http://www.ymcaboys.org) and [www.passagesnw.org](http://www.passagesnw.org)

## **Internships**

Fred Hutchinson Cancer Research Center

<http://www.fhrc.org/science/education/hs/internship/>

Law – HS summer internships program

<http://www.klgates.com/careers/ouroffice/officeoverview.aspx?office=13>

Life sciences Central

[http://ls-central.com/jobs\\_high\\_school\\_internships.html](http://ls-central.com/jobs_high_school_internships.html)

Microsoft HS intern program

<https://careers.microsoft.com/careers/en/us/highschoolintern.aspx>

Pacific Science Center Discovery Corps Internships

[www.pacsci.org/discoverycorps/](http://www.pacsci.org/discoverycorps/)

Seattle Aquarium internship

<http://www.seattleaquarium.org/NetCommunity/Page.aspx?&pid=365&srcid=229>

Seattle Children’s Theatre High School Intern Program

[www.sct.org/classes/sctdramaschool](http://www.sct.org/classes/sctdramaschool)

Teens in Public Service *non-profits, paid internships*

[www.teensinpublicservice.org/](http://www.teensinpublicservice.org/)

Qwest Field Sounders FC fan support interns

<http://www.teenjobs.org/>

Youth Force Teen internships *connects students and local businesses/professionals for paid internships*

*Law, Architecture, Business, Sounders and many more* <http://www.teenjobs.org/>

Youth Theater Northwest internships

<http://www.youththeatre.org/internships.htm>

## **Government - City, County & State:**

**Check local branches of Community Centers, Parks and Recreation Divisions**

**Bellevue**

<http://www.ci.bellevue.wa.us>

<http://www.bellevuewa.gov/TempJobs.htm>, <http://www.bellevuewa.gov/volunteer.htm>

**Kirkland**

<http://www.ci.kirkland.wa.us/jobs.htm>

**Mercer Island**

<http://www.mercergov.org/>

**Sammamish**

[www.ci.sammamish.wa.us/Volunteers.aspx?page=Opps](http://www.ci.sammamish.wa.us/Volunteers.aspx?page=Opps) –

**Seattle, Parks and Recreation**

*lifeguards, wading pool attendant, camp counselors, refs for seasonal sports (age 14+)*

<http://www.seattle.gov/PARKS/jobs/default.htm>

<http://www.seattle.gov/parks/centers.asp> *check local community center branches -*

<http://www.cityofseattle.net/parks/teens/lifeguard> *training, svc learning, STEP, YES programs*

**King County Parks and Recreation**

<http://www.kingcounty.gov/recreation/parks/volunteer.aspx>

<http://www.kingcounty.gov/recreation/parks/about/jobs.aspx>

**Washington State Dept of Ecology- Ecology Youth Corps** *recycling and litter control jobs*

<http://www.ecy.wa.gov/programs/swfa/eyc/>

**Washington Legislative Youth Advisory Council**

<http://lyac.leg.wa.gov/>

**WA State Senate Page program**

<http://www.leg.wa.gov/Senate/Administration/PageProgram/Pages/default.aspx>

**WA State House Page Program**

<http://www.leg.wa.gov/House/Pages/HousePageProgram.aspx>

## ***Volunteering / Service Learning – Seattle area***

### **Comprehensive lists of local volunteer opportunities**

City of Seattle Teen Volunteer Website [www.seattle.gov/teen/civic/getinvolved.htm](http://www.seattle.gov/teen/civic/getinvolved.htm)

Parent Map [www.parentmap.com/teenvolunteers](http://www.parentmap.com/teenvolunteers)

*an excellent comprehensive list of volunteer opportunities around Seattle including Food Banks, Hospital opportunities, Working with children / elders / animals, outdoor opportunities, and a listing of opportunities for students under age 14.*

United Way <http://www.uwkc.org/volunteer/youth/default.asp>

Volunteer Match <http://www.volunteermatch.org/>

*connects “good people with good causes” in their own communities*

Volunteer.gov [www.volunteer.gov](http://www.volunteer.gov)

### **Organizations with Volunteer Programs**

Campfire Girls Youth Volunteer Corp (for 11-18 yrs) <http://www.campfire-usa.org/YVC/> -

Family Works Food Bank and Family Center [www.familyworksseattle.org](http://www.familyworksseattle.org)

Fred Hutchinson Cancer Research Center  
<http://www.fhrc.org/science/education/hs/internship/>

Lifelong Aids Alliance - [www.lifelongaidsalliance.org](http://www.lifelongaidsalliance.org)

Little Bit Therapeutic Riding Center <http://www.littlebit.org/>

Northwest Harvest <http://www.northwestharvest.org/>

Operation Sack Lunch <http://www.opsacklunch.org/volunteers.html>

Pacific Science Center Discovery Corps Volunteer program [www.pacsci.org/discoverycorps/](http://www.pacsci.org/discoverycorps/)

Seafair - Seattle's Summer Celebration – Hydro's and more!

<http://www.seafair.com/volunteer/opportunities.asp>

Seattle Aquarium High School Volunteer Program [www.seattleaquarium.org](http://www.seattleaquarium.org)

Seattle Children's Hospital  
<http://www.seattlechildrens.org/ways-to-help/volunteer/>

Seattle Public Libraries  
[http://www.spl.org/default.asp?pageID=about\\_support\\_volunteering](http://www.spl.org/default.asp?pageID=about_support_volunteering)

Solid Ground <http://www.solid-ground.org/Pages/Default.aspx>

Special Olympics of Washington -  
[http://www.sowa.org/05/volunteers/volunteers\\_frame.html](http://www.sowa.org/05/volunteers/volunteers_frame.html)

Teen Link <http://www.866teenlink.org/>

Treehouse <http://www.treehouseforkids.org/>

UW medicine teen volunteer program:

<http://uwmedicine.washington.edu/Patient-Care/Locations/UWMC/Community-News/Volunteer/Pages/Teen-Program.aspx>

UW UDOC *program for disadvantaged teens interested in health professions.*

<http://uwmedicine.washington.edu/Education/MD-Program/Multicultural-affairs/Pages/UDOCHighSchoolProgram.aspx>

UW -**Harborview** Hospital teen volunteer program

<http://uwmedicine.washington.edu/Patient-Care/Locations/HMC/Community-relations/volunteer/Pages/default.aspx>

Woodland Park Zoo Corps Teen volunteer program <http://www.zoo.org/Page.aspx?pid=396>

### ***National Volunteer Organizations with local links***

America's Literacy Directory <http://www.literacyseattle.org/>  
American Cancer Society [http://www.cancer.org/docroot/com/com\\_0.asp](http://www.cancer.org/docroot/com/com_0.asp)  
American Red Cross *teen intern* <http://www.redcross.org/en/volunteertime>  
AMIGOS programs in Latin America <http://www.seattleamigos.org/>  
Bureau of Land Management Volunteers [www.blm.gov/volunteer](http://www.blm.gov/volunteer)  
Corporation for National and Community Service [www.volunteermatch.org](http://www.volunteermatch.org)  
Department of Veterans' Affairs [www.va.gov/volunteer](http://www.va.gov/volunteer)  
Earth Corps [www.earthcorps.org](http://www.earthcorps.org)  
Food Lifeline (Feeding America) <http://www.foodlifeline.org/help/volunteer/Volunteer.html>  
Habitat for Humanity <http://www.habitat.org/cd/local/affiliate.aspx?zip=98115>  
Learn and Serve [http://www.learnandserve.gov/about/role\\_impact/state\\_profiles\\_detail.asp?tbl\\_profiles\\_state=WANational](http://www.learnandserve.gov/about/role_impact/state_profiles_detail.asp?tbl_profiles_state=WANational)  
4-H Council [www.fourhcouncil.edu/getinvolved](http://www.fourhcouncil.edu/getinvolved)  
Park Service [www.nps.gov/volunteer](http://www.nps.gov/volunteer)  
Salvation Army [www.salvationarmyusa.org](http://www.salvationarmyusa.org)  
Seattle-area volunteer website [www.seattle.gov/teen/civic/getinvolved.htm](http://www.seattle.gov/teen/civic/getinvolved.htm)  
Special Olympics [http://info.specialolympics.org/Special+Olympics+Public+Website/English/Program\\_Locator/North\\_America/Washington/default.htm](http://info.specialolympics.org/Special+Olympics+Public+Website/English/Program_Locator/North_America/Washington/default.htm)  
Student Conservation Association <http://www.thesca.org/community-programs?community=seattle-wa>  
US Fish and Wildlife [www.fws.gov/volunteers/](http://www.fws.gov/volunteers/)  
Volunteer.gov [www.volunteer.gov](http://www.volunteer.gov)  
Youth Volunteer Corps <http://www.campfire-usa.org/YVC/index.htm>

### ***Outdoor Experiences: Seattle area – WA State***

Advanced Bike Touring [http://www.bikeworks.org/programs\\_summer.php](http://www.bikeworks.org/programs_summer.php)  
Earth Corps (Seattle based) [www.earthcorps.org](http://www.earthcorps.org)  
Islandwood Nature Leadership Camp <http://islandwood.org/summer-programs/camp-leadership-program-for-teens/camp-leadership-program-for-teens>  
Mountains to Sound Greenway <http://www.mtsgreenway.org/>  
National Park Svc -Mount Rainier <http://rainiervolunteers.blogspot.com/>  
Northwest Environmental Outreach and Stewardship Alliance Council - <http://eosalliance.org/>  
NW School of Wooden Boats [www.nwboatschool.org](http://www.nwboatschool.org)  
Olympic Park Institute advanced field research <http://www.naturebridge.org/yosemite/summer-field-research>  
Outward Bound programs in the Northwest [www.outwardbound.org/](http://www.outwardbound.org/)  
Salish Sea Expeditions [www.salish.org](http://www.salish.org)  
Seattle Audubon teen program <https://www.seattleaudubon.org>  
Streams, Lakes and Wetlands [http://www.ci.bellevue.wa.us/stream\\_team.htm](http://www.ci.bellevue.wa.us/stream_team.htm)  
Student Conservation Association, Seattle Crew (*help in state and national parks*) <http://www.thesca.org/community-programs?community=seattle-wa>  
Summer Youth Sea Camp (Port Townsend) [www.woodenboat.org](http://www.woodenboat.org)  
Washington Trails Association [www.wta.org](http://www.wta.org)  
Wilderness Awareness School (Duvall) [www.wildernessawareness.org](http://www.wildernessawareness.org)



## *Summer Programs*

Whether you're a bookworm, athlete, or community activist, there's a summer program out there for you. Summer programs allow you to pursue your interests, gain practical experience outside of the classroom, can help you improve your transcript, allow you to experience college early and can give you insights into your future plans. There are many types of summer opportunities for students to participate in. Investigate each one closely; dates, costs, and entrance requirements differ depending upon the experience. Most importantly, look inside yourself and see what it is you hope to gain from participating in a summer program and then find the experience that best meets your goal. Lastly, have fun. It is summer after all.

### *Academic Programs on Campus*

Brandeis University Genesis Program	<a href="http://www.brandeis.edu/genesis">www.brandeis.edu/genesis</a>
Boston College Pre-Collegiate	<a href="http://www.bc.edu/schools/summer/highschool.html">www.bc.edu/schools/summer/highschool.html</a>
Boston University	
PROMYS (Math & Science)	<a href="http://www.promys.org">www.promys.org</a>
Summer Challenge Program	<a href="http://www.bu.edu/summer/high_school">www.bu.edu/summer/high_school</a>
Arts Summer Institute	<a href="http://www.bu.edu/cfa/visual-arts/summer/admissions/">www.bu.edu/cfa/visual-</a>
<a href="http://www.bu.edu/cfa/visual-arts/summer/admissions/">arts/summer/admissions/</a>	
Brown University Pre-College	<a href="http://www.brown.edu/summer">www.brown.edu/summer</a>
Carleton College Liberal Arts Experience	<a href="http://www.carleton.edu/summer/clae">www.carleton.edu/summer/clae</a>
Carnegie Mellon Pre-College	<a href="http://www.cmu.edu/enrollment/pre-college">www.cmu.edu/enrollment/pre-college</a>
Central Washington University	<a href="http://www.cwu.edu/~summer">www.cwu.edu/~summer</a>
Claremont McKenna Kravis Leadership Institute	<a href="http://www.claremontmckenna.edu/kli/programs/stepup.php">www.claremontmckenna.edu/kli/programs/stepup.php</a>
Claremont McKenna College Step up to Leadership Prog.	<a href="http://www.cmc.edu">www.cmc.edu</a>
Clark Scholars at Texas Tech	<a href="http://www.clarkscholars.ttu.edu/">www.clarkscholars.ttu.edu/</a>
Clark University Summer Scholars Program	<a href="http://www.clark.edu">www.clark.edu</a>
Columbia University Summer High School Program	<a href="http://www.ce.columbia.edu/hs">www.ce.columbia.edu/hs</a>
Cornell University	
Intensive Chinese & Japanese language program	<a href="http://www.lrc.cornell.edu/falcon/SummerSession">www.lrc.cornell.edu/falcon/SummerSession</a>
Summer College	<a href="http://www.summercollege.cornell.edu">www.summercollege.cornell.edu</a>
Colorado College Pre-College	<a href="http://www.coloradocollege.edu/SummerPrograms/">www.coloradocollege.edu/SummerPrograms/</a>
Duke University Summer Youth Programs	<a href="http://www.learnmore.duke.edu/youth/">www.learnmore.duke.edu/youth/</a>
Eastern Washington University Satori	<a href="http://www.satoricamp.org/">www.satoricamp.org/</a>
Furman University Summer Programs	<a href="http://www.furman.edu/summerscholars/">www.furman.edu/summerscholars/</a>
Georgetown University Summer at Georgetown	<a href="http://www.georgetown.edu/ssce">www.georgetown.edu/ssce</a>
George Washington University	
Summer JAM (for Jewish students)	<a href="http://www.dccjam.org">www.dccjam.org</a>
Science and Engineering apprenticeship	<a href="http://www.usaeop.com">www.usaeop.com</a>
Gettysburg College Academic Camps	<a href="http://www.gettysburg.edu/academiccamps/index.html">www.gettysburg.edu/academiccamps/index.html</a>
Harvard University Secondary School Program	<a href="http://www.summer.harvard.edu/2008/programs/ssp/">www.summer.harvard.edu/2008/programs/ssp/</a>
Johns Hopkins University	
Center for Talented Youth Summer Programs	<a href="http://www.jhu.edu/summer">www.jhu.edu/summer</a>

Kenyon College Young Writers Workshops	<a href="http://www.kenyonreview.org">www.kenyonreview.org</a>
Lewis & Clark College	
FIR Acres workshop in Writing and Thinking	<a href="http://www.lclark.edu/org/firacres/">www.lclark.edu/org/firacres/</a>
Michigan Math and Science Scholars	<a href="http://www.math.lsa.umich.edu/mmss/">www.math.lsa.umich.edu/mmss/</a>
MIT Summer Programs	
<a href="http://www.mitadmissions.org/topics/before/summer_programs/">www.mitadmissions.org/topics/before/summer_programs/</a>	
Manhattanville College English Language Institute	<a href="http://www.manhattanville.edu">www.manhattanville.edu</a>
Mount Holyoke Summer Math	<a href="http://www.mtholyoke.edu/proj/summermath/">www.mtholyoke.edu/proj/summermath/</a>
New York University	
Pre-College	<a href="http://www.nyu.edu/summer/highschool/precollege">www.nyu.edu/summer/highschool/precollege</a>
Tisch School of the Arts	<a href="http://www.nyu.edu/summer/highschool/Tisch.html">www.nyu.edu/summer/highschool/Tisch.html</a>
University of North Carolina Journalism	<a href="http://www.ibiblio.org/ncsma/">www.ibiblio.org/ncsma/</a>
Northern Arizona University Summer Music Camp	<a href="http://www.nau.edu/finearts/musiccamp/index.asp">www.nau.edu/finearts/musiccamp/index.asp</a>
Northwestern University	
College Prep Program	<a href="http://www.scs.northwestern.edu/collegeprep">www.scs.northwestern.edu/collegeprep</a>
Medill School of Journalism Cherub Program	<a href="http://www.northwestern.edu/nhsi/">www.northwestern.edu/nhsi/</a>
Oregon Institute of Technology	
Teen Woman in Science (TWIST)	<a href="http://www.oit.edu/precollege">www.oit.edu/precollege</a>
Pepperdine University-Summer Opportunities	
<a href="http://www.seaver.pepperdine.edu/summerschool/highschool/">www.seaver.pepperdine.edu/summerschool/highschool/</a>	
Pitzer College Language Institute	<a href="http://www.pitzer.edu">www.pitzer.edu</a>
Princeton University Summer Journalism Program	<a href="http://www.princeton.edu/sjp/">www.princeton.edu/sjp/</a>
Skidmore College Summer Programs	
<a href="http://cms.skidmore.edu/odsp/programs/index.cfm">http://cms.skidmore.edu/odsp/programs/index.cfm</a>	
Smith College Summer Program for girls	<a href="http://www.smith.edu/summerprograms">www.smith.edu/summerprograms</a>
Stanford University	
Summer College	<a href="http://summer.stanford.edu/">http://summer.stanford.edu/</a>
Mathematics Camp	<a href="http://math.stanford.edu/sumac/">math.stanford.edu/sumac/</a>
Syracuse University Summer College	<a href="http://www.summercollege.syr.edu">www.summercollege.syr.edu</a>
The College of William & Mary	
Summer Program in Early American History	<a href="http://www.wm.edu/niahd">www.wm.edu/niahd</a>
Tufts University	
Summer Program for High School Students	<a href="http://www.ase.tufts.edu/summer">www.ase.tufts.edu/summer</a>
Union College Center for Biomedical Engineering	<a href="http://bioengineering.union.edu/">http://bioengineering.union.edu/</a>
University of Arizona	
Honor College Summer of Excellence	<a href="http://www.soe.honors.arizona.edu">www.soe.honors.arizona.edu</a>
University of California Los Angeles	<a href="http://www.summer.ucla.edu">www.summer.ucla.edu</a>
University of California San Diego	
Academic Connection Program	<a href="http://www.academicconnections.ucsd.edu/index.cfm">www.academicconnections.ucsd.edu/index.cfm</a>
Math Zoom Summer Camp	<a href="http://www.mathzoom.com/">www.mathzoom.com/</a>
University of California Santa Barbara	
Summer Discovery	<a href="http://www.summer.ucsb.edu/">www.summer.ucsb.edu/</a>
University of Chicago Summer Program	<a href="http://www.grahamschool.uchicago.edu/php/summer-programs.php">www.grahamschool.uchicago.edu/php/summer-</a>
<a href="http://www.grahamschool.uchicago.edu/php/summer-programs.php">programs.php</a>	
University of Maryland, College Park	
Women in Engineering	<a href="http://www.wie.umd.edu/">http://www.wie.umd.edu/</a>
University of Michigan	
Summer Mathematic Enrichment Program	<a href="http://www.math.lsa.umich.edu">www.math.lsa.umich.edu</a>
University of Oregon	
Summer for Gifted & Talented 6-10 Graders	<a href="http://www.uoregon.edu/~tag/">http://www.uoregon.edu/~tag/</a>

Summer Architecture Academy <a href="#">acad</a>	<a href="http://www.uoregon.edu/~archuo/programs/summer-">www.uoregon.edu/~archuo/programs/summer-</a>
University of Pennsylvania Wharton School Leadership in the Business World	<a href="http://www.wharton.upenn.edu/academics/summer/">www.wharton.upenn.edu/academics/summer/</a>
University of Virginia Writers Workshop	<a href="http://www.web.virginia.edu/yww/">www.web.virginia.edu/yww/</a>
University of Washington Courses for High School Students Writing and Computer Programming Summer Institute for Mathematics Genomics Outreach for Minorities (GenOM)	<a href="http://www.summer.washington.edu/summer">www.summer.washington.edu/summer</a> <a href="http://www.outreach.washington.edu/syp/high/">www.outreach.washington.edu/syp/high/</a> <a href="http://www.math.washington.edu/~simuw/2008/app/">www.math.washington.edu/~simuw/2008/app/</a> <a href="http://depts.washington.edu/genomics/">http://depts.washington.edu/genomics/</a>
University of Southern California Exploration of Architecture <a href="http://www.usc.edu/dept/admissions/programs/summer/seminars_discover.shtml">www.usc.edu/dept/admissions/programs/summer/seminars_discover.shtml</a>	
Academic Connections	<a href="http://www.usc.edu/summer">www.usc.edu/summer</a>
TV/Film Summer Program	<a href="http://www.usc.edu/summer">www.usc.edu/summer</a>
University of Toronto DaVinci Engineering Enrichment Program	<a href="http://www.ecf.utoronto.ca">www.ecf.utoronto.ca</a>
US Naval Academy Summer Seminar	<a href="http://www.usna.edu">www.usna.edu</a>
Warren Wilson College Summer Archaeology <a href="http://wilson.edu/~arch/fieldschool">wilson.edu/~arch/fieldschool</a>	<a href="http://www.warren-">http://www.warren-</a>
Washington University (St. Louis) Summer School in the Arts & Sciences High School Summer Scholars Program Architecture Discovery Program	<a href="http://www.ucollege.wust.edu">www.ucollege.wust.edu</a> <a href="http://www.ucollege.wustl.edu/programs/highschool">www.ucollege.wustl.edu/programs/highschool</a> <a href="http://www.wust.edu">www.wust.edu</a>
Washington State University Cougar Quest Experience Gr 7-12 Robot on the Palouse Gr 5 & 6 Summer Advantage/Pre-College	<a href="http://www.summer.wsu.edu/programs">www.summer.wsu.edu/programs</a>
Washington & Lee Global Scholars	<a href="http://www.globalscholars.org">www.globalscholars.org</a>
West Point Invitational Academic Workshop	<a href="http://www.admissions.usma.edu/summer">www.admissions.usma.edu/summer</a>
Western Washington University Summer Programs	<a href="http://www.wwu.edu/summer">www.wwu.edu/summer</a>
Worcester Polytechnic Institute Frontiers Program	<a href="http://www.wpi.edu/frontiers">www.wpi.edu/frontiers</a>
Yale University Summer Exploration	<a href="http://www.yale.edu/summer">www.yale.edu/summer</a>

## ***Independent Academic Programs***

Academic Study Associates	<a href="http://www.acaprograms.com">www.acaprograms.com</a>
AIFS-Summer Institute for the Gifted	<a href="http://www.giftedstudy.com">www.giftedstudy.com</a>
Bill of Rights Institute's Constitutional Academy	<a href="http://www.constacademy.org/">www.constacademy.org/</a>
Congressional Hispanic Caucus Institute <a href="http://www.chci.org/chciyouth/internship/internship.htm">www.chci.org/chciyouth/internship/internship.htm</a>	
Education Unlimited	<a href="http://www.educationunlimited.com">www.educationunlimited.com</a>
Junior Statesman	<a href="http://www.jsa.org">www.jsa.org</a>
Julian Krinsky Enrichment Program	<a href="http://www.summerstudy.com">www.summerstudy.com</a>
NASA Space Club Scholars	<a href="http://www.spaceclub.org/scholars.html">http://www.spaceclub.org/scholars.html</a>
National Youth Leadership Forum	<a href="http://www.nylf.org">www.nylf.org</a>
Summer Discovery	<a href="http://www.summerfun.com">www.summerfun.com</a>
Summer EXCEL	<a href="http://www.summerexcel.com">www.summerexcel.com</a>
Telluride Association	<a href="http://www.tellurideassociation.org">www.tellurideassociation.org</a>
Washington Business Week	<a href="http://www.WBW.org">www.WBW.org</a>

## **Arts Related Programs**

Art Institute of Chicago Early College	<a href="http://www.artic.edu/saic/ecp">www.artic.edu/saic/ecp</a>
Art Institute of Portland Summer Teen Workshop	<a href="http://www.aipd.artinstitute.edu/summerteen">www.aipd.artinstitute.edu/summerteen</a>
Boston College Summer Arts Institute	<a href="http://www.bu.edu/cfa/viaual/aummerarats">www.bu.edu/cfa/viaual/aummerarats</a>
Boston Conservatory Summer Dance	<a href="http://www.bonstonconservatory.edu">www.bonstonconservatory.edu</a>
Boston University Tanglewood Music	<a href="http://www.bu.edu/tanglewood">www.bu.edu/tanglewood</a>
California College of the Arts Pre-College Program	<a href="http://www.cca.edu">www.cca.edu</a>
Cornish College of the Arts	<a href="http://www.cornish.edu/summer/">www.cornish.edu/summer/</a>
Fashion Institute of Design & Merchandising (FIDM)	<a href="http://www.fidm.edu">www.fidm.edu</a>
Gage Academy of Art	<a href="http://www.gageacademy.org/youth/?page=teen_workshop">www.gageacademy.org/youth/?page=teen_workshop</a>
Harvard Design School Career Discovery	<a href="http://www.gsd.harvard.edu/porfessional/career_discovery">www.gsd.harvard.edu/porfessional/career_discovery</a>
Interlochen Arts Academy Summer School	<a href="http://www.interlochen.org">www.interlochen.org</a>
Kansas City Art Institute	<a href="http://www.kcai.edu/artlab">www.kcai.edu/artlab</a>
Lawrence University Summer Music Camps	<a href="http://www.lawrence.edu/dept/acad_music/camps.shtml">www.lawrence.edu/dept/acad_music/camps.shtml</a>
Maryland Institute College of Art (MICA) Pre-College Studio Residency Program	<a href="http://www.mica.edu/cs/precoll">www.mica.edu/cs/precoll</a>
New York University Tisch School of the Arts	<a href="http://www.nyu.edu/tisch/specialprograms">www.nyu.edu/tisch/specialprograms</a>
Northwestern University National High School Music Institute	<a href="http://www.northwestern.edu/nhsmi/programs">www.northwestern.edu/nhsmi/programs</a>
Theatre Arts Summer School	<a href="http://www.northwestern.edu/theatre">www.northwestern.edu/theatre</a>
Northern Arizona University Summer Music Camp	<a href="http://www4.nau.edu/finearts/musiccamp/index.asp">www4.nau.edu/finearts/musiccamp/index.asp</a>
Pacific Northwest College of Art	<a href="http://www.pnca.edu/programs">www.pnca.edu/programs</a>
Parsons Pre-College	<a href="http://www.parson.edu/pre_enrollment/summer_precollege">www.parson.edu/pre_enrollment/summer_precollege</a>
Pilchuk Glass School	<a href="http://www.pilchuck.com">www.pilchuck.com</a>
Pratt Pre-College	<a href="http://www.pratt.edu/precollege">www.pratt.edu/precollege</a>
Rhode Island School of Design	<a href="http://www.risd.edu/precollege">www.risd.edu/precollege</a>
San Francisco Academy of Art	<a href="http://www.academyart.edu">www.academyart.edu</a>
Savannah College of Art & Design Rising Star Program	<a href="http://www.scad.edu/summerprograms">www.scad.edu/summerprograms</a>
Seattle Children's Theatre High School Intern program	<a href="http://www.sct.org/classes/sctdramaschool">www.sct.org/classes/sctdramaschool</a>
Skidmore College Art Program	<a href="http://www.skidmore.edu">www.skidmore.edu</a>
SUNY-New Paltz Bel Canto Institute	<a href="http://www.belcantoist.org">www.belcantoist.org</a>
University of Washington Creative writing, screenwriting, storytelling	<a href="http://www.outreach.washington.edu/syp/high/">www.outreach.washington.edu/syp/high/</a>
Vassar College	<a href="http://www.vassar.edu/summer">www.vassar.edu/summer</a>
Powerhouse Theatre Program	<a href="http://www.vassar.edu/powerhouse">www.vassar.edu/powerhouse</a>

## **Boarding School Programs**

There are a number of boarding schools across the country that offers summer opportunities for students. A good resource is The Association of Boarding Schools' website [www.school.com](http://www.school.com). Here's a brief list of schools to consider:

Brewster Academy	<a href="http://www.brewsteracademy.org">www.brewsteracademy.org</a>
Choate Rosemary	<a href="http://www.choate.edu/summer">www.choate.edu/summer</a>
Emma Williard School	<a href="http://www.emmawilliard.org">www.emmawilliard.org</a>
Northfield Mt. Hermon	<a href="http://www.nmhschool.org/summer_school">www.nmhschool.org/summer_school</a>
Phillips Andover	<a href="http://www.andover.edu/summer">www.andover.edu/summer</a>

Phillips Exeter  
St. George's

[www.exeter.edu/summer](http://www.exeter.edu/summer)  
[www.sgu.edu/summer](http://www.sgu.edu/summer)

## **Outdoor Adventures**

ActionsQuest	<a href="http://www.actionquest.com">www.actionquest.com</a>
Audubon Expedition Institute	<a href="http://www.aei-audubon.org">www.aei-audubon.org</a>
Journeys	<a href="http://www.icajourneys.com">www.icajourneys.com</a>
Lifeworks	<a href="http://www.lifeworks.com">www.lifeworks.com</a>
National Geographic Expeditions	<a href="http://www.ngstudentexpeditions.com">www.ngstudentexpeditions.com</a>
National Park Service Summer Archaeology	<a href="http://www.nps.gov/history/archeology/public/index.htm">www.nps.gov/history/archeology/public/index.htm</a>
Outward Bound	<a href="http://www.outwardbound.org/">www.outwardbound.org/</a>
Sail Caribbean	<a href="http://www.sailcaribbean.com">www.sailcaribbean.com</a>
Sea-mester	<a href="http://www.seamester.com">www.seamester.com</a>
Student Conservation Association	<a href="http://www.thesca.org/conservation_crews/">www.thesca.org/conservation_crews/</a>
Summer Discovery	<a href="http://www.summerdiscovery.com">www.summerdiscovery.com</a>
Summer at Dynamy	<a href="http://www.dynamy.org">www.dynamy.org</a>
USDA Forest Service "Passport in Time" archaeology	<a href="http://www.passportintime.com">www.passportintime.com</a>
Wild Earth Expeditions	<a href="http://www.wildearth.org">www.wildearth.org</a>

## **Programs in Seattle**

Bioquest summer science program	<a href="http://www.srbioquest.org/get-started/bioquest-academy.asp">www.srbioquest.org/get-started/bioquest-academy.asp</a>
City of Seattle Teen Volunteer Website	<a href="http://www.seattle.gov/teen/civic/getinvolved.htm">www.seattle.gov/teen/civic/getinvolved.htm</a>
Cornish College of the Arts	<a href="http://www.cornish.edu/summer/">www.cornish.edu/summer/</a>
Gage Academy of Art	<a href="http://www.gageacademy.org/youth/?page=teen_workshop">www.gageacademy.org/youth/?page=teen_workshop</a>
Pilchuk Glass School	<a href="http://www.pilchuck.com">www.pilchuck.com</a>
Nurse Camp – Multicare Health Systems	<a href="http://www.thesubtimes.com/2007/06/multicare-to-ho.html">www.thesubtimes.com/2007/06/multicare-to-ho.html</a>
Seattle Children's Theatre High School Intern Program	<a href="http://www.sct.org/classes/sctdramaschool">www.sct.org/classes/sctdramaschool</a>
Student Conservation Association, Seattle Crew	<a href="http://www.thesca.org/community_crews/">www.thesca.org/community_crews/</a>
Teens in Public Service	<a href="http://www.teensinpublicservice.org/">www.teensinpublicservice.org/</a>
University of Washington	
Courses for High School Students	<a href="http://www.summer.washington.edu/summer">www.summer.washington.edu/summer</a>
Summer Institute for Mathematics	<a href="http://www.math.washington.edu/~simuw/2008/app/">www.math.washington.edu/~simuw/2008/app/</a>
Creative writing, screenwriting, storytelling	<a href="http://www.outreach.washington.edu/syp/high/">www.outreach.washington.edu/syp/high/</a>
Computer Programming	<a href="http://www.outreach.washington.edu/syp/high/">www.outreach.washington.edu/syp/high/</a>
Washington Business Week	<a href="http://www.wbw.org/Students_How.aspx">www.wbw.org/Students_How.aspx</a>

## **Programs for Students of Color/Low Income Students**

Bill of Rights Institute's Constitutional Academy	<a href="http://www.constacademy.org/">www.constacademy.org/</a>
Carnegie Mellon Summer Academy for Minority students	<a href="http://www.cmu.edu">www.cmu.edu</a>
Carleton College Liberal Arts Experience	<a href="http://www.carleton.edu/summer/clae">www.carleton.edu/summer/clae</a>
CDC Disease Detective Camp	<a href="http://www.cdc.gov/gcc/exhibit/camp.htm">http://www.cdc.gov/gcc/exhibit/camp.htm</a>
Claremont McKenna College Step up to Leadership Prog.	<a href="http://www.cmc.edu">www.cmc.edu</a>
Clark Scholars at Texas Tech	<a href="http://www.clarkscholars.ttu.edu/">www.clarkscholars.ttu.edu/</a>
Clark University Summer Scholars Program	<a href="http://www.clark.edu">www.clark.edu</a>
College Horizons (for Native American students)	<a href="http://www.collegehorizons.org">www.collegehorizons.org</a>
Congressional Hispanic Caucus Institute	<a href="http://www.chci.org/chciyouth/internship/internship.htm">www.chci.org/chciyouth/internship/internship.htm</a>

EDGE Program for girls (Engineering)	<a href="http://engineering.union.edu/edge/">http://engineering.union.edu/edge/</a>
Jackson Laboratory Summer Science Internship	<a href="http://education.jax.org/">http://education.jax.org/</a>
Minority Introduction to Engineering and Science	<a href="http://web.mit.edu/mites/www/">web.mit.edu/mites/www/</a>
National Student Leadership Conference	<a href="http://www.nslcleaders.org">www.nslcleaders.org</a>
Princeton University Summer Journalism program	<a href="http://www.princeton.edu/sjp">www.princeton.edu/sjp</a>
Smith College Summer Program for girls	<a href="http://www.smith.edu/summerprograms">www.smith.edu/summerprograms</a>
Telluride Association (for African-American students)	<a href="http://www.tellurideassociation.org">www.tellurideassociation.org</a>
Quest Scholars Program	<a href="http://www.questscholars.org/">www.questscholars.org/</a>
University of the South FACES program (Asian Studies)	<a href="http://www.sewanee.edu">www.sewanee.edu</a>
Wabash College co-ed summer program (business)	<a href="http://www.wabash.edu">www.wabash.edu</a>
Smith College Summer Program for girls	<a href="http://www.smith.edu/summerprograms">www.smith.edu/summerprograms</a>

## ***Service Learning Opportunities***

America's Literacy Directory	<a href="http://www.literacydirectory.org/volunteer">www.literacydirectory.org/volunteer</a>
American Cancer Society	<a href="http://www.cancer.org">www.cancer.org</a>
American Red Cross	<a href="http://www.redcross.org/services/volunteer">www.redcross.org/services/volunteer</a>
America's Second Harvest	<a href="http://www.secondharvest.org">www.secondharvest.org</a>
AMIGOS programs in Latin America	<a href="http://www.amigoslink.org/">www.amigoslink.org/</a>
Bureau of Land Management Volunteers	<a href="http://www.blm.gov/volunteer">www.blm.gov/volunteer</a>
Corporation for National and Community Service	<a href="http://www.volunteermatch.org">www.volunteermatch.org</a>
Department of Veterans's Affairs	<a href="http://www.va.gov/volunteer">www.va.gov/volunteer</a>
Earth Corps	<a href="http://www.earthcorps.org">www.earthcorps.org</a>
Habitat for Humanity	<a href="http://www.habitat.org">www.habitat.org</a>
Landmark Volunteers	<a href="http://www.volunteers.com">www.volunteers.com</a>
Learn and Serve	<a href="http://www.learnandserve.gov">www.learnandserve.gov</a>
National 4-H Council	<a href="http://www.fourhcouncil.edu/getinvolved">www.fourhcouncil.edu/getinvolved</a>
Panim Works (for Jewish students)	<a href="http://www.panimworks.org">www.panimworks.org</a>
Park Service	<a href="http://www.nps.gov/volunteer">www.nps.gov/volunteer</a>
Salvation Army	<a href="http://www.salvationarmyusa.org">www.salvationarmyusa.org</a>
Seattle-area volunteer website	<a href="http://www.seattle.gov/teen/civic/getinvolved.htm">www.seattle.gov/teen/civic/getinvolved.htm</a>
Special Olympics	<a href="http://www.specialolympics.org">www.specialolympics.org</a>
Student Conservation Association	<a href="http://www.thesca.org/">www.thesca.org/</a>
Transition Abroad	<a href="http://www.transitionsabroad.com/listings/work/volunteer/">www.transitionsabroad.com/listings/work/volunteer/</a>
US Fish and Wildlife	<a href="http://www.fws.gov/volunteers/">www.fws.gov/volunteers/</a>
Volunteer.gov	<a href="http://www.volunteer.gov">www.volunteer.gov</a>
Youth Volunteer Corps	<a href="http://www.campfire-usa.org/YVC/">www.campfire-usa.org/YVC/</a>

## ***Study Abroad***

AIFS	<a href="http://www.summeradvantage.com">www.summeradvantage.com</a>
AFS International	<a href="http://www.afs.org">www.afs.org</a>
American Community Schools	<a href="http://www.acs-england.co.uk/">www.acs-england.co.uk/</a>
American Collegiate Adventures	<a href="http://www.acasummer.com">www.acasummer.com</a>
Bridges Study Abroad	<a href="http://www.bridgesstudyabroad.com">www.bridgesstudyabroad.com</a>
Broadreach	<a href="http://www.gobroadreach.com">www.gobroadreach.com</a>
Oxbridge Programs	<a href="http://www.oxbridgeprograms.com">www.oxbridgeprograms.com</a>
Deer Hill Expeditions	<a href="http://www.deerhillexpeditions.com">www.deerhillexpeditions.com</a>
Educational Tours	<a href="http://www.eftours.com">www.eftours.com</a>
Experiment in International Living	<a href="http://www.worldlearning.com">www.worldlearning.com</a>
Global Works	<a href="http://www.globalworksinc.com">www.globalworksinc.com</a>

Global Quest	<a href="http://www.gquest.org">www.gquest.org</a>
Glimpses of China	<a href="http://www.foundationprograms.com">www.foundationprograms.com</a>
Interlaken/Windsor Mountain	<a href="http://www.windsormountain.org">www.windsormountain.org</a>
InternXchange	<a href="http://www.internxchange.com">www.internxchange.com</a>
Leysin American School	<a href="http://www.las.ch/summer">www.las.ch/summer</a>
Lifeworks	<a href="http://www.lifeworks-international.com">www.lifeworks-international.com</a>
National Hispanic Institute	<a href="http://www.nhi-net.org">www.nhi-net.org</a>
New York University Study Abroad	<a href="http://www.nyu.edu/education/summerabroad">www.nyu.edu/education/summerabroad</a>
Overland	<a href="http://www.overlandsummers.com">www.overlandsummers.com</a>
Oxford Advance Studies	<a href="http://www.oasp.ac.uk">www.oasp.ac.uk</a>
Rustic Pathways	<a href="http://www.rusticpathways.com">www.rusticpathways.com</a>
Service Learning in Paris	<a href="http://www.study-serve.org">www.study-serve.org</a>
Spoletto Study Abroad	<a href="http://www.spoletostudyabroad.com">www.spoletostudyabroad.com</a>
Studio Arts Center International	<a href="http://www.saci-florence.org">www.saci-florence.org</a>
University of St. Andrews	<a href="http://www.st-andrews.ac.uk">www.st-andrews.ac.uk</a>
Where There Be Dragons	<a href="http://www.wheretherebedragons.com">www.wheretherebedragons.com</a>
World Learning-The Experiment in International Living	<a href="http://www.worldlearning.org">www.worldlearning.org</a>
Young Judea	<a href="http://www.youngjudea.org">www.youngjudea.org</a>
Youth For Understanding	<a href="http://www.YouthForUnderstanding.org">www.YouthForUnderstanding.org</a>
Weizman Institute-Israel	<a href="http://www.weizmann-usa.org">www.weizmann-usa.org</a>

### ***Search Engines for Summer Programs***

Enrichment Alley	<a href="http://www.enrichmentalley.com">www.enrichmentalley.com</a>
Student Education Programs	<a href="http://www.studenteducationprograms.com/">http://www.studenteducationprograms.com/</a>
Summer Discovery	<a href="http://www.summerfun.com/">www.summerfun.com/</a>
Peterson's Summer Camps & Programs	<a href="http://www.petersons.com/summerop/code/ssector.asp">www.petersons.com/summerop/code/ssector.asp</a>
Journalism Programs	<a href="http://djnewspaperfund.dowjones.com/fund/hss_directory_listing.asp">http://djnewspaperfund.dowjones.com/fund/hss_directory_listing.asp</a>

## **Summer Sports Opportunities** **U Prep contact – Rebecca Moe**

### **Seattle - Parks and Recreation**

<http://www.seattle.gov/PARKS/jobs/default.htm>

- lifeguards, wading pool attendant, camp counselors
- also check with local community center branches -  
<http://www.seattle.gov/parks/centers.asp>

### **City of Bellevue - Parks & Community Services**

450 110th Ave. NE

P.O. Box 90012

Bellevue, WA 98009

**Phone:** 425-452-6885

**Fax:** 425-452-7221

<http://www.bellevuewa.gov/TempJobs.htm>

<http://www.bellevuewa.gov/volunteer.htm>

### **King County Parks and Recreation**

#### **Parks and Recreation Div.**

201 S. Jackson St., # 700

Seattle, WA 98104

206-296-8687

<http://www.kingcounty.gov/recreation/parks/volunteer.aspx>

<http://www.kingcounty.gov/recreation/parks/about/jobs.aspx>

---

### **Arena Sports - Magnuson**

7400 Sandpoint Way, Building #2

Seattle, WA 98115

206.985.8990

<http://www.arenasports.net/employment-opportunities>

- Other locations – Redmond and SODO
- Youth soccer instructors, referees, and customer service representatives

### **Baseball: Northeast Seattle Little League**

Youth Umpire Program

Dennis Cearns

President

[president@nesll.net](mailto:president@nesll.net)

[www.nesll.net](http://www.nesll.net)

425-577-2618

- Volunteer or Paid hours (\$15.00 per game)
- NSELL umpire training required

### **CYO Summer Camps**

Archdiocese of Seattle

710 9th Avenue

Seattle WA 98104  
206-382-4560

<http://www.seattlearch.org/BuildingCommunity/CatholicYouthOrganization/>

- camp counselor positions – athletics, camping, environment education

### **Gymnastics: Seattle Gymnastics Academy**

12535 26th Ave NE, Seattle, WA, 98125-4301

Phone: **206-362-7447**

Fax: **206-362-4431**

<http://www.seattlegymnastics.com/employmentop.html>

- Recreational coaches

### **SkyHawks**

6311 E. Mt. Spokane

Park Dr., Suite B

Mead, WA 99021

(800) 804-3509

<http://www.skyhawks.com/CompanyPages/Jobs.aspx>

- camp counselors for various sports in the local seattle area

### **Special Olympics of Washington**

2150 N. 107th Street, #220

Seattle, WA 98133

Fax: 206-361-8158 Phone: 206-362-4949 or 800-752-7559

Summer Games Volunteer Information and Registration

[http://www.sowa.org/05/volunteers/volunteers\\_frame.html](http://www.sowa.org/05/volunteers/volunteers_frame.html)

### **Starfire Arena Sports**

14800 Starfire Way

Tukwila WA 98188

206-431-3233

<http://www.starfiresports.com/about%20Employment.asp>

- currently looking for Guest Service Representatives and Referees
- other possibilities may include summer camp positons

### **YMCA of Seattle**

909 4<sup>th</sup> Ave

Seattle, WA 98104

206-382-5503

<http://www.seattlemca.org/page.cfm?ID=employment>

- day camps at local branches, camp orkila, camp coleman

<http://www.seattlemca.org/page.cfm?ID=volunteer>

---

### **Seattle Mariners**

Human Resources

PO Box 4100

Seattle, WA 98194

[http://seattle.mariners.mlb.com/mlb/help/jobs.jsp?c\\_id=sea](http://seattle.mariners.mlb.com/mlb/help/jobs.jsp?c_id=sea)

- seasonal employment and internships

## **Seattle Storm**

The Furtado Center

490 5th Ave N.

Seattle, WA 98109

<http://www.wnba.com/storm/contact/employment.html>

---

## **Entrepreneurial camps**

Create your own sports camp for neighborhood kids [http://kidshealth.org/teen/school\\_jobs/](http://kidshealth.org/teen/school_jobs/)  
(tip sheet for teen entrepreneurs)

## **Learn To Become a Ref...**

**Washington Officials Association:** Provides referees, umpires and officials to all middle-, junior-high and high-school sporting events — including gymnastics, swimming, soccer and more — from its pool of 8,000 certified officials. Hiring as young as 15 years. [www.woa-officials.com](http://www.woa-officials.com)

**Pacific Northwest Basketball Officials Association:** Provides referees for middle-, junior-high and high-school games from Auburn to South Snohomish County, and Seattle to Mount Si. Hiring as young as 15 years. [www.pnboa.org](http://www.pnboa.org)

**Seattle Soccer Referee Association:** Provides referees and sideline officials for games throughout the Seattle area. Other local soccer clubs have referee associations with hiring needs, too. Hiring as young as 12 years. [www.pnboa.or](http://www.pnboa.or)

**Boys & Girls Clubs:** Provides officials for basketball, soccer, flag football and other youth sports— typically training and promoting club members. Hiring as young as 13 years. King County: [www.positiveplace.org](http://www.positiveplace.org).

**Seattle Officials Women's Basketball:** Nearly 170 members are officials for middle-, junior-high and high-school girls games from Auburn to South Snohomish County, and Seattle to Mount Si; needs another 20 referees. Hiring as young as 15 years. [www.sowb.org](http://www.sowb.org)

**Seattle Parks and Recreation:** More than 150 officials — 25 percent of them teens — referee five seasonal sports. Only those 16 or older may officiate games for 10- to 17-year-olds; those 14 to 15 may oversee games for 8- and 9-year-olds. Hiring as young as 14 years. 206-684-7093