
Middle School Athletics Information

To: All 2010-11 Middle School Parents
From: Coach Creach, Middle School Athletic Director
Subject: Middle School Fall Athletics
Date: April 21st, 2010

General Information: First of all I would like to thank you in advance for your ongoing support of U Prep and its athletic program. As the year draws to a close, it is time to start thinking about fall athletic turn-outs. We are so proud of the character and work ethic of our student-athletes and look forward to another great year. Have a wonderful summer break and thanks again for your continued support of our program. Below you will find some general information about U Prep Athletics. As always, feel free to contact me with any questions, comments or concerns you may have while reviewing this packet at ncreach@universityprep.org or 206.832.1215

Fall offerings: (Middle School Athletics are based on the skill level of the athlete)

Boys and Girls Cross Country
Division 1, 2, and 3 Volleyball
Division 1, 2, and 3 Boys Soccer
Division 1 and 2 Girls Soccer

Practice Schedule: *Practice Starts Tuesday September 7th or Wednesday September 8th*

Cross Country: Monday, Tuesday and Thursday (3:00 – 4:30)
Volleyball: Tuesday, and Thursday (TBD)
Boys Soccer: Tuesday and Thursday (3:00 – 4:30)
Girls Soccer: Monday and Wednesday (3:00 – 4:30)

Forms:

The following forms must be on file in the Athletics Office before you are allowed to practice:

1. Pre-participation History and Physical Examination (Valid for 24 months)
2. University Prep Emergency Release and Medical Form 2010-2011 (Valid for 12 months)
3. Concussion Information Form 2010-2011 (Valid for Academic Year)
4. Sport Registration Form for Fall 2010

ALL forms must be on file before you are allowed to participate in any sports at University Prep. NO FORM, NO PRACTICE!!!

Registration: All forms and the sports registration information can be found on the school's website

<http://www.universityprep.net/pumanet/athletics/>. Please complete this process by August 30th to ensure your participation. Registration begins April 23rd.

Sport Orientation Meetings: If you have more questions about our program please join us at our Sport Orientation Meetings on either June 9th 6:30-7:30p or August 19th 10:30-11:30am in the Library.

HAVE A WONDERFUL SUMMER!!!