

8th Grade Trip Packing List

Very important

Medium -Small sized suitcase or duffel bag. (We have limited space on the buses for luggage.)

Rain Gear (jackets and pants)

Writing materials – pens, pencils, and small spiral notebook.

Jacket (warm)

Large lunch for Monday (we will be eating on the bus en route)

Wristwatch or some time keeping device

Toiletries

Soap and Shampoo (Optional; the hotel will have some, but we can't guarantee how much they will have for us)

Toothbrush + Toothpaste and Dental floss

Hairbrush/Comb

Medications over the counter

And medications prescribed as necessary

(Please put all medications in a plastic bag with clear directions/prescription info. Then give bag to your **Advisor** Monday morning upon arrival)

Basic clothing: (Clothes should be modest and appropriate for a school trip.)

Long sleeved shirts

T-shirts

Long pants

Underwear

Socks (long socks for hiking)

Shorts (optional)

Sleepwear

Sweater/sweatshirt/fleece (in addition to a jacket)

Swimsuit

Beach Towel

Running/ Tennis Shoes (or hiking, if available – your shoes must tie and be appropriate for day hikes)

Hat or Visor

Sandals or beach shoes

Miscellaneous

Daypack/ backpack (for carrying personal items during activities)

Water bottle

Snacks that you can munch on in your room (optional, but good idea; parents please limit the amount of candy/soda the students bring!)

Some cash (you will have opportunities to shop or buy snacks)

Camera (optional –bring at your own risk - UPrep assumes no responsibility)

Cell phone (optional –bring at your own risk - UPrep assumes no responsibility)

Other electronics (optional –bring at your own risk - UPrep assumes no responsibility)