
Middle School Athletics Information

To: All 2009-2010 Middle School Parents
From: Coach Creach, Assistant Athletic Director
Subject: Middle School Fall Athletics
Date: April 30, 2009

General Information: First of all I would like to thank you in advance for your on-going support of U Prep and its athletic program. As the year draws to a close, it is time to start thinking about fall athletic turn-outs. We are so proud of the character and work ethic of our student-athletes and look forward to another great year. Have a wonderful summer break and thanks again for your continued support of our program. Below you will find some general information about U Prep Athletics. As always, feel free to contact me with any questions, comments or concerns you may have while reviewing this packet at ncreach@universityprep.org or 206.832.1215

Fall offerings: (Middle School Athletics are based on the skill level of the athlete)

Boys and Girls Cross Country
Division 1, 2, and 3 Volleyball
Division 1, 2, and 3 Boys Soccer
Division 1 and 2 Girls Soccer

Practice Schedule: *Practice starts Tuesday, September 8 or Wednesday, September 9*

Cross Country: Monday, Tuesday, and Thursday (3:00 – 4:30 p.m.)
Volleyball: Monday, Tuesday, and Thursday (3:00 – 4:15 p.m.)
Boys Soccer: Tuesday and Thursday (3:00 – 4:30 p.m.)
Girls Soccer: Monday and Wednesday (3:00 – 4:30 p.m.)

Forms:

The following forms must be on file in the Athletics Office before you are allowed to practice:

1. Pre-participation History and Physical Examination (Valid for 24 months)
2. University Prep Emergency Release and Medical Form 2009-2010 (Valid for 12 months)
3. Sport Registration Form for Fall 2009

Both forms must be on file before you are allowed to participate in any sports at University Prep. **NO FORM, NO PRACTICE!**

Registration: Please fill out the enclosed form to register for a fall sport, and return before August 14.

Sport Orientation Meetings: If you have more questions about our program please join us at our Sport Orientation Meetings on either June 8, 6:30-7:30 p.m. or August 20, 10:30-11:30 a.m. in the Library.
HAVE A WONDERFUL SUMMER!