

**Upper School Athletics Information Sheet  
(2007-2008)**

**Winter Start Date – Monday, November 12<sup>th</sup>**

Sports Offered – Varsity Boys Basketball, Varsity Girls Basketball, Junior Varsity Boys Basketball and Junior Varsity Girls Basketball

Practices are Monday-Friday with some Saturday requirements.

Practice times vary depending on gym schedule –

For example time slots teams have had this year for Upper School teams– 4:00-6:00, 5:00-7:00, 4:30-6:00

**Spring Sports Start Date – Monday, February 25<sup>th</sup>**

Sports Offered – Varsity Boys Tennis, Varsity Girls Tennis, Varsity Track & Field, Varsity Baseball, Varsity Fastpitch, Co-ed Ultimate Frisbee

Practice Times – 3:00-5:00/5:30 and are Monday-Friday with some Saturday requirements.

\*\* A note about Junior Varsity Programs – University Prep will sponsor a JV team in any sport where numbers dictate and additional team. For example, for girls and boys soccer will need more than 22 girls, volleyball more than 15.

Each Upper School student needs to have ten practices to be eligible to participate in contests at the Varsity or JV level.

If you have any sport specific questions and concerns please contact Rebecca Moe at [rmoe@universityprep.org](mailto:rmoe@universityprep.org) or 206-832-1124

Planning ahead to 2008-2009 – Start Dates

Fall Sports – August 25, 2008

Winter Sports – November 17, 2008

Spring Sports – March 2, 2009

### **Varsity/JV Athletics and...**

Here are the answers to some of our most frequently asked questions for 2007-2008; Please let us know if you have any questions. (these dates reflect the current school year, however they will be adjusted according each school year)

1. Global Link

Global Link is an international credit activity for upper school students. Students may participate in Global Link without penalty to their placement on varsity teams, but do need to be aware that the timing of their return to competitive play after an absence of two weeks is subject to the discretion of the coach.

2. Week Without Walls (one week 3/31-4/4/2008)

Varsity and JV practices and games will be held during WOW. Since it is possible to earn WOW credit and to be at games/practices by 3:00, varsity and JV players should schedule WOW classes accordingly.

3. Winter Vacation (two weeks, 12/22/07 -1/7/2008)

Middle School CYO teams will have games on 1/5 & 1/6  
Varsity and junior varsity boys basketball games will conduct practices during break TBD.  
Varsity girls basketball will be playing in the Port Townsend Tournament beginning 12/27, 12/28, 12/29.  
Detailed practice information is being compiled.

4. Mid-Winter Break (one week, 2/18-2/22/2008)

Varsity basketball teams still competing will be in playoffs this week.  
Varsity basketball team members are therefore expected to be in town for games as well as practices.

5. Spring Vacation (one week, 4/7-4/11/2008)

No varsity or junior varsity contests will be scheduled during spring break.  
Practices are at the option of the coaches; players who are in town are expected to attend.

6. Play Production & Stagecraft Class

Play production class (and in most cases) Stagecraft class and varsity/junior varsity sports should be considered mutually incompatible for winter and spring sports.

7. Ski Bus (1/11-2/29/2008)

As Fridays are game and practice days for varsity as well as junior varsity basketball teams, players should not sign up for the ski bus. If there are trips remaining after the basketball season has concluded, players may purchase individual-trip tickets. Please note the 2/29 trip is the first week of spring sports.

8. Diver's Ed (any season)

Driver's Ed and varsity/jv sports should be considered mutually incompatible. There are plenty of opportunities to take Driver's Ed: in the summer, or in seasons during which you're not participating on a University Prep team.