



# UPPER SCHOOL COURSE LOAD WORKSHEET

Use the grids below to help you plan your course load. This worksheet is meant to be a tool to help you plan a balanced load each semester during Upper School.

	<b>FRESHMAN</b>	<b>First Semester</b>	<b>Credit</b>	<b>Second Semester</b>	<b>Credit</b>
1	English				
2	History				
3	Language				
4	Math				
5	Science				
6	PE/General Studies	Health or Freshman Seminar	5 or 2	Health or Freshman Seminar	5 or 2
7					

	<b>SOPHOMORE</b>	<b>First Semester</b>	<b>Credit</b>	<b>Second Semester</b>	<b>Credit</b>
1	English				
2	History				
3	Language				
4	Math				
5	Science				
6					
7					

	<b>JUNIOR</b>	<b>First Semester</b>	<b>Credit</b>	<b>Second Semester</b>	<b>Credit</b>
1	English				
2	History				
3	Language				
4	Math				
5	Science				
6					
7					

	<b>SENIOR</b>	<b>First Semester</b>	<b>Credit</b>	<b>Second Semester</b>	<b>Credit</b>
1	English				
2	History				